

Australian women finding answers

Freecall: 1800 198 082

Email: lifepool@petermac.org
Web: www.lifepool.org
Post: Reply Paid 86395

A'Beckett St Melbourne 8006

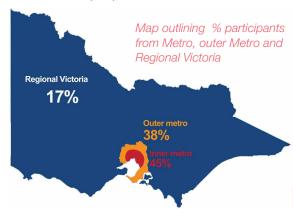
Best wishes for the festive season to all **life**pool participants

If this is the first time you have received a **life**pool update, welcome! The newsletter is designed to keep everyone informed about progress in developing **life**pool and about the research using information provided by you, the participants. We hope you find the newsletter of interest and invite you to contact **life**pool with any feedback you care to provide.

Recruitment is now state-wide

As we reported in the Winter 2011 **life**pool News, our first small scale recruitment pilot focussed on BreastScreen Victoria clients who had made appointments for mammograms at just two Melbourne screening centres. We have used the information gained from these pilot studies to define the most effective way to mail information to women whilst ensuring their privacy. Importantly, because all this happens at BreastScreen Victoria Head Office, the process must fit within the workload of Mail Operations staff.

Each day, about 600 clients are posted a letter confirming their mammogram appointment. BreastScreen also mails an information pack about lifepool to these women. Rhonda and Lisa (the lifepool Management Team) are thrilled to receive signed consent forms and completed questionnaires from women right across Victoria. We are learning of new towns every day!



Blood and saliva samples

Lifepool is a resource which will be widely used for research into breast cancer and other health issues important to women.

Genetic research can reveal information about the way breast cancer develops and help researchers understand more about breast cancer risk in the population. Genetic research uses DNA, the 'instruction manual' contained in our cells. **Life**pool extracts DNA for research from blood or saliva samples

A small group of **life**pool participants have already been asked to donate blood or saliva and the response has been fantastic! Over 65% of women asked have provided a blood or saliva sample and responses are still coming in. The **life**pool project, in conjunction with Melbourne Pathology, have developed a system which allows women to have their blood collected at a time and place convenient to them.

DNA donation for research

Thank you to those of you who have been able to donate and we'd also like to acknowledge the wonderful staff at Melbourne Pathology who have collected and delivered the blood samples safely and quickly to our lab at Peter Mac.

Information to women considering donation of DNA for research

We are committed to providing the most up-to-date information to women who are part of **life**pool.

Our Management Advisory Committee, including Consumer representatives from BreastScreen Victoria and Breast Cancer Network Australia, worked with expert legal advisors to review the latest information about genetic research and insurance contracts.

As a result of this work, we have included extra information for **life**pool participants who agree to provide DNA for research. This new form, 'Stage 2 Participant Information and Consent Form Version 2' will soon be mailed to all **life**pool participants who have previously donated a blood or saliva sample. Donors can read the new information and confirm their consent for **life**pool to use their DNA sample in research, or ask us to destroy this sample.

The Version 2 form is being mailed out to a new group of **life**pool participants and we hope that you might consider donating blood or saliva in the future.

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A little bit about us: lifepool chief investigators Vicki Pridmore and Ian Campbell

There are 7 Chief Investigators involved in the lifepool project and the talents of each represent the broad range of skills necessary to the success of lifepool. The Chief Investigator group has expertise in the areas of surgery, pathology, health screening, epidemiology, clinical genetics, radiation oncology and breast and ovarian cancer research. Central to the project is BreastScreen, with it's connection to Victorian women.

In this edition of the lifepool News, we'd like to introduce you to two of these investigators and describe the key roles they have in the lifepool Project. We have also provided a little personal insight through questions that are important to all of us: work and holidays!



Vicki Pridmore brings expertise in management and communication to lifepool, as well as a strong background in both the public and private health sector. BreastScreen Victoria is committed to supporting a high quality research program which focuses on best practice in screening for breast cancer in Victorian women. As a major research collaboration for BSV, the lifepool project will enable research to improve our understanding of how different groups of women in our community vary in their breast cancer risk.

The evidence gathered can be used by BreastScreen in reviewing screening policy, particularly the frequency of mammograms for these different groups of women. Right now however, the important message for women in BSV's target age group (50-69) is that having a screening mammogram every 2 years saves lives by detecting most breast cancers when they are small and responsive to treatment.

Q & A with Vicki:

Describe what you love about your job:

"The opportunity to make a difference to women and the wider community by improving their health outcomes."

Describe your ideal summer holiday:

"Books, water at 26 degrees and no Blackberry"

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lan Campbell Head of the Cancer Genetics laboratory at Peter MacCallum Cancer Centre

lan Campbell is a molecular geneticist with a particular interest in breast and ovarian cancer. He has extensive experience in the identification of cancer causing genes through high throughput genome-wide analyses of primary cancers. He is a member of the Victorian Breast Cancer Research Consortium, the Board of the Victorian Cancer Biobank and has also served for several years on the PeterMac Human Research Ethics Committee.

lan has developed a program of research which will study the genetic differences between breast cancers that are detected by routine mammograms (screen detected), and those that arise in the time between mammogram screening (interval cancers). He will also lead research looking at differences in the genetic 'signature' of breast cancers that occur in women with very dense breast tissue as compared to cancers found in women with low breast density. As with all research projects wishing to use the lifepool resource, lan's work will apply for access to the required data when **life**pool participant numbers are high enough. The application will be considered by an independent Access Committee. Future Newsletters, and the lifepool website (www.lifepool.org) will keep you informed of progress of this research.

Q&A with lan:

Describe what you love about your job:

"I love the excitement of making new and meaningful discoveries, which may help prevent, or cure cancer. My work also gives me the opportunity to play with cutting edge technology that allows us to do things in a week that not long ago would have taken years."

Describe your ideal summer holiday:

"Going camping with the family to some quiet beach location."

Thank you for your support

The **life**pool Team

Ian Campbell, Stephen Fox, John Hopper, Anne Kavanagh, Bruce Mann, Gillian Mitchell, Vicki Pridmore.



Contact lifepool:

Lisa Devereux, Manager Rhonda Mawal, Project Officer 1800 198 082 Lifepool@petermac.org

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